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THE WRITING WARRIOR: DISCOVERING THE COURAGE TO FREE YOUR TRUE VOICE



Shambhala. Paperback. Book Condition: New. Paperback. 208 pages. Dimensions: 8.4in. x 5.5in. x 0.8in. All writers are faced at some point with feelings of self-consciousness and self-doubt about their work. In this invaluable guide, Laraine Herring offers advice to writers who want to become more comfortable with their writing, face their inhibitions, and gain the confidence to release their true voice. Utilizing the breath, a vigorous movement practice designed to break up stagnation with the body and the mind, and writing...

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- Authored by Laraine Herring
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