Big Kids Coloring Book: Simple Zendalas (Zentangled Mandalas) (Paperback)



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Reviews

Comprehensive information for book fans. It is one of the most amazing book i actually have read. Once you begin to read the book, it is extremely difficult to leave it before concluding. (Yoshiko Okuneva)

BIG KIDS COLORING BOOK: SIMPLE ZENDALAS (ZENTANGLED MANDALAS) (PAPERBACK)



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Createspace Independent Publishing Platform, United States, 2015. Paperback. Book Condition: New. 279 x 216 mm. Language: English . Brand New Book ***** Print on Demand *****.Coloring books will never lose their appeal - whether you are a pre-kindergarten toddler to the mature adult who is looking for something simple to play with for a solitary pursuit that provides artistic pleasure. This coloring book has the intensity of design in the mandalas, but also the simplicity of simple Zentangles that allow the reader (and budding artist) to pick and chose their favorite design, and then use colored pencils, markers, acrylics, or even crayons to add their own brilliant color combinations. Coloring can be cathartic for those needing something that doesn t take a lot of analysis or thought, while allowing them to pick and chose their personal colors to create an artistic masterpiece. The page of mandalas and Zentangles allow relaxation while you wile away the hours or the day in your own mind. There is no judgment here. Have fun. Use the baseline designs and sketches to play and have fun. If there are blank spaces, along the borders or inside the design, add your own lines and patterns. Key Words: Coloring Book, Adult Coloring, Crayons, Markers, Paint, Mandala, Zentangles, Kaleidoscope, Drawing, Illustration, Ancient techniques, articulate, artwork, balance, Benefits, biofeedback, body, brain, breath, calming, channel, circle, colors, composition, concentration, consciousness, contemplate, cosmos, creation, designs, disciplines, Divine, drawings, emotions, energy, enlightenment, esoteric, experiential, focus, forms, geometric, growth, guidance, human, hypnosis, illuminate, imagination, insightful, intelligence, joy, life, light, lived, lotus, love, mandala, mantra, meanings, meditate, meditation, mental, metaphysically, microcosm, mystical, nature, Nirvana, oxygen, paths, pattern, peace, personality, physiological, physiology, positive, powers, process, progressive, promote, psyche, psychedelic, psyches, psychic, psychological, psychology, psychotherapy, pure, re-balancing, recovery, reflecting, reflects, relax, relaxation, relaxed, release, respiration, respiratory,...

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