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37 DAYS OF DIFFERENT: A GUIDE TO BREAK OUT OF YOUR BORING ROUTINE AND START CHANGING YOUR LIFE (PAPERBACK)



Createspace, United States, 2015. Paperback. Book Condition: New. 229 x 152 mm. Language: English . Brand New Book ***** Print on Demand *****.Old habits are hard to break, but with a few simple tweaks outlined in this easy-to-follow, life changing guide you will be ready to conquer your fears and move well beyond your comfort zone and into a place that will invigorate you mind, body, and soul. 37 Days of Different is designed to give you daily inspiration to...

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- Authored by Camilla Kragius
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