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# NATURE AND THERAPY: UNDERSTANDING COUNSELLING AND PSYCHOTHERAPY IN OUTDOOR SPACES



Taylor & Francis Ltd. Paperback. Book Condition: new. BRAND NEW, Nature and Therapy: Understanding counselling and psychotherapy in outdoor spaces, Martin Jordan, Recent decades have seen an increasing interest in the healing and therapeutic potential of nature and interest in the potential of greencare interventions for the benefit of mental health. The field of nature based therapies is expanding in line with this interest. Nature and Therapy offers a unique contribution by outlining the specific processes involved in conducting counselling...

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- Authored by Martin Jordan
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