



## Tunnel Visions: Memoirs of a Mixed Martial Arts Champion

By Ryan Bow

Kaminari Dojo Mixed Martial Arts Academy. Paperback. Book Condition: New. Paperback. 158 pages. Dimensions: 7.9in. x 5.0in. x 0.4in. Part autobiography, part travel narrative, Tunnel Visions: Memoirs of a Mixed Martial Arts Champion is the true story about a young African Americans dream to become a MMA champion in a foreign land. The author, Ryan Bow, narrates his journey to Japan, Thailand, and other international destinations. His amazing tale will challenge your concept of humanity and make you question your priorities. From struggling to master the Japanese language, and dealing with complex visa laws to remain in the country legally, to working for the Yakuza (Japanese mafia), and making a living as a professional fighter in Japan, this story is about the authors struggle to survive in a Japanese culture that has little tolerance for Americans who refuse to just fit in. Through his eyes, readers will also experience what its like to train under Frank Shamrock at the famed American Kickboxing Academy and fight in MMA events on the same cards as UFC stars Anderson Silva and Chael Sonnen. Furthermore, this memoir chronicles how Ryan survived a life threatening medical condition. For the first time ever, Ryan goes into detail...



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