



Yule: Rituals, Recipes and Lore for the Winter Solstice

By Susan Pesznecker

Llewellyn Publications, U.S. Paperback. Book Condition: new. BRAND NEW, Yule: Rituals, Recipes and Lore for the Winter Solstice, Susan Pesznecker, Yule-also known as Midwinter-is when nighttime has reached its maximum length, but there is a promise of brighter days to come as candles are lit and feasts are enjoyed. This guide to the history and modern celebration of Yule shows you how to perform rituals and magic to celebrate and work with the energy of the winter solstice. This well-rounded introduction to Yule comes complete with correspondences, rituals, recipes, and lore. Recipes include sugar cookies, eggnog, wassail, and more; crafts include Yule log, bird feeding tree, a special candle and wreath, and lots of homemade gift instructions for hot chocolate kits, soup herbs, mulling spices, bath salts, and more.



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