



Unlock Your Cage (Paperback)

By Elaine La Monica Rigolosi

Createspace, United States, 2012. Paperback. Book Condition: New. 203 x 133 mm. Language: English . Brand New Book ***** Print on Demand *****.Life involves choices - you can choose to paint a positive position and grab your own powers to achieve, or you can proceed feeling caged and helpless. For anyone looking to make transformative life changes, Unlock Your Cage will demonstrate how to lead yourself to where you wish to be. This revelatory and instructive story written as an allegorical fable presents insight and ideas that are refreshing and inspiring. By demonstrating the process and power of directed self-control, Unlock Your Cage will help you become aware of life changes you may wish to make - from conquering a bad habit or losing weight, to securing a promotion, or enhancing your athletic training. Unlock Your Cage guides you through a process of becoming aware of your thoughts, drives, and inner strengths, and focusing them toward goals using the powers of imagery. It demonstrates that improvement can be achieved by everyone; that optimal is reachable; and perfection is doing one's best in any situation. Following the instruction of The Great Wizard of The Lakes, Gretchen and Hans learn these...



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Reviews

The book is great and fantastic. Yes, it really is engage in, still an interesting and amazing literature. You wont feel monotony at at any moment of your respective time (that's what catalogs are for regarding if you request me).

-- **Daren Raynor II**

This publication is very gripping and interesting. We have go through and so i am confident that i am going to planning to read through yet again again in the foreseeable future. You are going to like how the blogger write this ebook.

-- **Dr. Thaddeus Turner PhD**