

The Parent's Guide to Eating Disorders: What Every Parent Needs to Know



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THE PARENT'S GUIDE TO EATING DISORDERS: WHAT EVERY PARENT NEEDS TO KNOW

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Lion Hudson Plc. Paperback. Book Condition: new. BRAND NEW, The Parent's Guide to Eating Disorders: What Every Parent Needs to Know, Jane Smith, At least 1.1 million people in the UK are affected by an eating disorder, with people aged 14-25 most at risk. Books about eating disorders are often quite academic and aimed at the sufferer themselves. Very little is available for parents of sufferers. Jane Smith, director of Anorexia Bulimia Care charity has written this book, in collaboration with Care for the Family to provide practical advice for parents of eating disorder sufferers. Jane draws on her own experience of helping her young daughter through an eating disorder as well as case studies of the many families ABC has helped over the years . Includes answers to the most frequently asked questions ABC receives from parents. Supported by Care for the Family and includes a foreword by Rob Parsons.



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