



The Age Fix: Insider Tips, Tricks, and Secrets to Look and Feel Younger Without Surgery

By Dr Anthony Youn

Hachette Book Group, United States, 2016. CD-Audio. Book Condition: New. Unabridged. 145 x 132 mm. Language: English . Brand New. Don t buy another overpriced cream.Hold off on that invasive procedure.Stop avoiding the reflection in the mirror.Get your Age Fix.Here s what the experts know but aren t telling you--until now: The drugstore brand can be just as effective as--or better than--the expensive cream at your dermatologist s office.Surgery usually isn t the best solution.Natural, DIY creams can actually get results, using ingredients that cost pennies.Diet can be your best defense against redness, acne, fine lines, and wrinkles.Dr. Anthony Youn is the rare plastic surgeon who does everything he can to keep his patients out of the operating room. He s spent the past sixteen years researching the secrets of plastic surgeons, dermatologists, makeup artists, and dietitians, and he knows what works, what doesn t, and what s overpriced. Now he s compiled solutions to every cosmetic aging problem in this definitive anti-aging bible. Whether you want to stay as natural as possible or you re interested to know which creams and medical procedures actually work (and are worth the price tag), The Age Fix has your fix to look...



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Reviews

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-- **Mr. Rafael Hoeger**

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And You Know You Should Be Glad (Paperback)

HarperCollins Publishers Inc, United States, 2014. Paperback. Book Condition: New. Reprint. 201 x 132 mm. Language: English . Brand New Book ***** Print on Demand *****.A highly personal and moving true story of friend-ship and remembrance from the New York Times bestselling...



Electronic Dreams: How 1980s Britain Learned to Love the Computer

Audible Studios on Brilliance, United States, 2016. CD-Audio. Book Condition: New. Unabridged. 170 x 135 mm. Language: English . Brand New. Remember the ZX Spectrum? Ever have a go at programming with its stretchy rubber keys? Did you marvel at the immense...



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The Mystery at Big Ben (Paperback)

Gallopade International, United States, 2005. Paperback. Book Condition: New. 188 x 132 mm. Language: English . Brand New Book. Mimi and Papa speed away to London, England in their little red and white airplane, The Mystery Girl. Tagging along are grandchildren Christina,...



That Recoil of Nature (Paperback)

Charivari Press, Canada, 2011. Paperback. Book Condition: New. 202 x 132 mm. Language: English . Brand New Book. In 1598 a young Italian noblewoman named Beatrice Cenci murdered her abusive, rapist father. Her actions found many defenders but not the Romantic poet...



Bringing Elizabeth Home: A Journey of Faith and Hope

BRILLIANCE AUDIO, United States, 2015. CD-Audio. Book Condition: New. Unabridged. 170 x 133 mm. Language: English . Brand New. At 3:58 in the morning of June 5, 2002, Ed and Lois Smart awoke to the sound of their nine-year-old daughter Mary Katherine...
