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HOW TO BE A SUPERHERO CALLED SELF-CONTROL!: SUPER POWERS TO HELP YOUNGER CHILDREN TO REGULATE THEIR EMOTIONS AND SENSES



Jessica Kingsley Publishers. Hardback. Book Condition: new. BRAND NEW, How to be a Superhero Called Self-Control!: Super Powers to Help Younger Children to Regulate Their Emotions and Senses, Lauren Brukner, Anthony Phillips-Smith, Meet Self-Control, a superhero who wants to teach young children his super powers of self-control! Anxiety, frustration, anger, and other difficult feelings won't stand a chance against their new-found powers. Self-Control teaches children with emotional and sensory regulation difficulties aged approximately 4-7 how to calm themselves using self-massage,...

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- Authored by Lauren Brukner, Anthony Phillips-Smith
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